

BUILD A WINTER GOLF TRAINING PROGRAM



Learn simple activities to improve your golf swing during these cold months to help you next season. Dr Josh Berven has completed Titleist Performance Institute training. With that training along with his Athletic Training and Chiropractic Degree, he can show you what to focus on inside this

winter to help on the course next year.

What: Golf Training Program

When: December 4, 2018 7pm

Where: 1877 Daimler Road
Rockford, IL 61112

www.rockforddc.com